

Affirmations

A groovy guide for the affirmation cards from the Trippin' Waite crowdfunding campaign of 2018. The particular cards pictured here were exclusive to the campaign.

The Times They Are A Changin'

It's time to make plans. Things may be changing in your life, whether you intend for that or not, or it might be a reminder that it's time to make changes. It's good to prepare for the change in the best way you see fit.

Why not embrace something new, and get rid of old ideas that don't work for you anymore?

Bob Dylan - One of the most iconic singers of the sixties, Dylan often sang protests songs against the Vietnam War. With a career spanning six decades, Dylan has released 38 studio albums and 13 live albums making him one of the most recognisable and inspirational figures in music today.

TRIVIA

JUST LIKE VARIOUS OTHER MUSICIANS, SUCH AS LYNRYD SKYNRD'S MICHAEL CARTELLONE AND LARS ULRICH FROM METALLICA, DYLAN HAS ALSO PAINTED AND DRAWN WORKS OF ART OVER THE YEARS. IN FACT ONE OF HIS PAINTINGS CAN BE FOUND ON THE COVER OF HIS "SELF PORTRAIT" ALBUM FROM 1970.

Chillin'

Relax and take some time for yourself. Maybe you've been working hard, either physically or mentally, and need to unwind. Get together with some friends, or just kick back by yourself, it's all good.

Jimi Hendrix - Widely regarded as one of the most influential guitarists of all time, Hendrix, Like Morrison and Joplin, sadly became part of the "27 club", but his memory lives on to this day through every kid across the world learning "Purple Haze" on his electric guitar.

TRIVIA

AS HENDRIX WAS STRUGGLING TO MAKE A LIVING PLAYING THE RHYTHM AND BLUES CIRCUIT, HE PLAYED FOR A TIME WITH "CURTIS KNIGHT AND THE SQUIRES". IT WAS IN THE CHEETAH CLUB IN NYC THAT ROLLING STONE'S KEITH RICHARD'S GIRLFRIEND, LINDA KEITH, DISCOVERED HENDRIX. (1)



Affirmations

Showman

Time to put on a show and bask in the limelight. A commanding stage presence is the friend of all successful people in the public eye. Maybe you're nervous about public speaking? Take a few lessons from Jagger, who really doesn't seem to have stage fright in his vocabulary. Full of confidence and charisma, he captivates his audience with ease.

Mick Jagger : The front man for The Rolling Stones belts out one of his hits in this card. For many, the sound of the exciting 60's wouldn't be complete without hits like "Paint it black" and "You Can't Always Get What You Want" blasting out of the record player.

TRIVIA

THE ROLLING STONES ARE NAMED AFTER A MUDDY WATERS SONG "ROLLIN' STONE"(2)

Feeling Groovy

You feel the spring in your step and your world feels just right. Essentially everything seems to be going your way. You feel good and you're optimistic when thinking about the future.

So, what if you're not all sunshine and roses? Most of us aren't always that chipper, but it's important to remember too that we are what we think about all day long, so, often it's how we allow ourselves to feel and think that makes the difference. Visualise everything going your way. Seeing yourself happy in your minds eye is a potent remedy for those with a case of the blues.

Janis Joplin: With her husky voice, and soulful singing, with hits like "Take Another Piece of My Heart" and "Mercedes Benz", Joplin's music is still being played today, a testament to her vocal talents. Like Morrison and Hendrix, Joplin went to the other side at the young age of 27.



TRIVIA

THE SONG "PEARL" BY THE MAMAS AND THE PAPAS, FROM THE ALBUM "PEOPLE LIKE US", IS A TRIBUTE TO JOPLIN.

Affirmations

Speak up Stand Out

Is there something in your life you need to take a stand against? Do you need to confront someone and say "no more"? Making clear your boundaries, and standing by your conviction will help you weather the changing political storms and cultural shifts, both out there in the big bad world, and in your own personal life.



Joan Baez : A powerful protest voice of the sixties, Baez railed against the Vietnam war with such passion and conviction, much like her one time partner Bob Dylan. Often involved in social justice, she also performed "we shall overcome" and "freedom" at the March on Washington in 1963, an event made famous, in part, by Martin Luther King Jr's historic "I have a dream" speech.

TRIVIA

BAEZ IS OF MEXICAN/ENGLISH ANCESTRY. HER FATHER WAS BORN IN MEXICO, AND MOVED TO THE U.S WHEN HE WAS TWO YEARS OLD. HER MOTHER ORIGINALLY HAILS FROM EDINBURGH, SCOTLAND, DAUGHTER OF AN ENGLISH ANGLICAN PRIEST. (3)

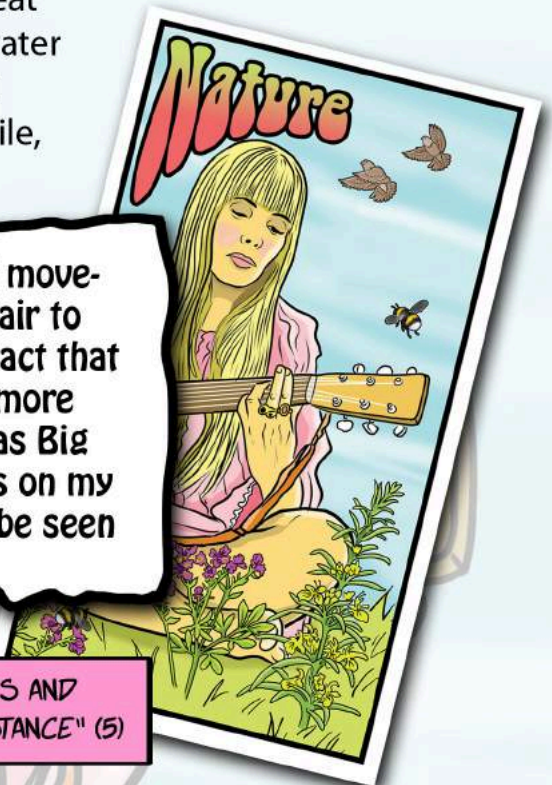
Nature

The best kind of healing. A walk in nature may be just what you need. Breathe in the air, and take time to smell the wildflowers. Don't fancy the great outdoors? You can always care for pets in your home, or water potted plants. It's really about connecting with the primal and non judgemental creatures of the world once in a while, in order to recharge your batteries.

Joni Mitchell : Preferring to veer away from the protest movements of the sixties, due to her feeling that "it wasn't fair to blame the boys who were drafted" and also due to the fact that some of her uncles had died in battle (4), Mitchell was more focused on environmental issues. One of her big hits was Big Yellow Taxi, which has the line "I don't care about spots on my apples, leave me the birds and the bees", of whom can be seen flying around in her card in this affirmation set.

TRIVIA

MITCHELL HAS DESIGNED MOST OF HER OWN ALBUM COVERS AND SEES HERSELF MORE AS A "PAINTER DERAILED BY CIRCUMSTANCE" (5)



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Awareness

Now might be a good time to employ any clairvoyance you might have to any given situation. This card is calling on you to get a clear vision and to be alert. It might also signify that someone is "on to you"; if you've been doing something in secret. It depends on what question you're asking. It may also mean that the thing you're asking about is something you already know the answer to on a gut level.



Jim Morrison: Aka The Lizard King, or Mr Mojo Risin' (an anagram of his surname) Morrison is often regarded as one of the most influential front men in rock history. As much a poet as he was a singer, his lyrics range from experiences of hallucinogenic states, in songs like "Universal Mind" and "The Ghost Song", to songs dealing with relationships and love like "Love Street" and "L.A. Woman".

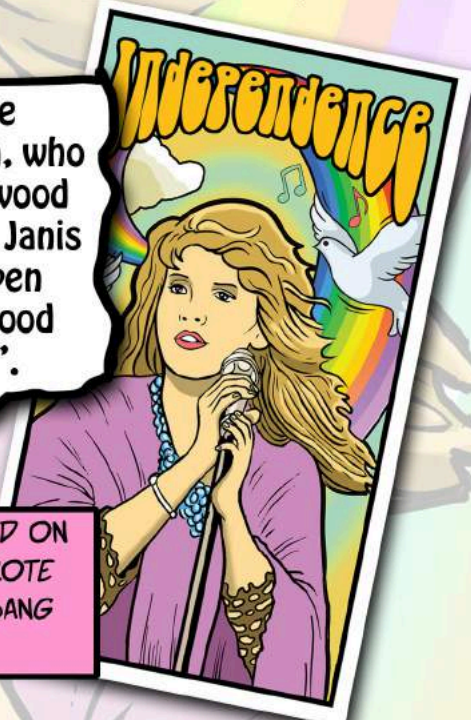
TRIVIA

IGGY POP'S "PASSENGER" IS SAID TO BE INSPIRED BY ONE OF MORRISON'S POEMS (6), THOUGH ACCORDING TO POP, IN AN INTERVIEW WITH "THE GUARDIAN" THE SONG WAS PARTLY INSPIRED BY TRAVELLING WITH DAVID BOWIE ON TOUR WHEN POP DIDN'T HAVE A CAR OR DRIVER'S LICENSE" (7)

Independence

Do you need more independence right now? Being dependent can sometimes feel comfortable, providing the one you depend on is reliable and can take care of your every need. However, having independence can be very freeing and even if you don't seek it right now, independence leads to empowerment if or when you can fully embrace it.

Stevie Nicks : Nicks broke onto the music scene in the late sixties with the band Fritz, alongside Lindsey Buckingham, who would not only go on to be a fellow band member in Fleetwood Mac, but also a love interest. Fritz opened for the likes of Janis Joplin, Jimi Hendrix and the Moody Blues, which helped open doors for Nicks and would lead her onto fame with Fleetwood Mac with classics like "Dreams" and "Go Your Own Way".



TRIVIA

THE SONG "STOP DRAGGIN' MY HEART AROUND" FIRST APPEARED ON STEVIE NICKS' DEBUT SOLO ALBUM, IN 1981. TOM PETTY, WHO WROTE THE SONG, SANG DUET WITH HER ON THE ALBUM, AND IN 2017 SANG THE SONG FOR THE LAST TIME WITH HER.

Affirmations

Imagination

Get creative; with art, with music, with ideas, with dreams. In the words of Napoleon Hill "Whatever the mind can conceive and believe the mind can achieve." Just think. Everything around you right now, even the chair you're sitting on, was born from the imagination of someone. Everything created comes from the imagination.



John Lennon: Lennon, along with McCartney, wrote some of the most memorable songs of all time with the Beatles. The influences in Lennon's songs have changed over the years, with more pop rock songs like "Tell me Why" giving way to more "Trippy" songs like "Lucy in the Sky With Diamonds" and edging into more politically charged territory with lyrics like "Give Peace a Chance" Our card is inspired by one of his most well known songs "Imagine".

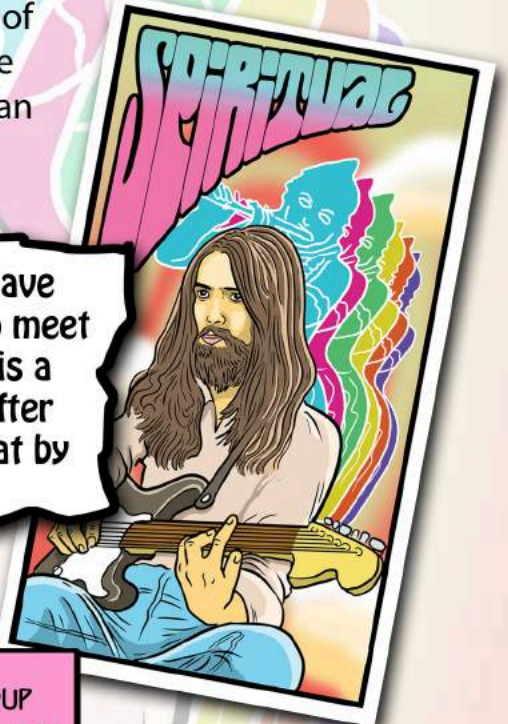
TRIVIA

DUE TO HIS CONTROVERSIAL STANCES AND PROTESTS AGAINST THE VIETNAM WAR, NIXON'S ADMINISTRATION TRIED, BUT FAILED, TO DEPORT LENNON FROM THE U.S (8)

Spiritual

When this card accompanies a reading, the matter may be of a spiritual nature, such as marriage, or relating to a place of worship, or a religious ceremony. The card may also be telling you to get in touch with your spiritual side. Some are of the belief that a balance between the material world and the spiritual world is best, as veering too far in either direction can lead to an imbalance in one's mental wellbeing. Meditation might be a good way to get realigned.

George Harrison : Of all the Beatles, Harrison appears to have been most influenced with the band's pilgrimage to India to meet The Maharishi Mahesh Yogi. Harrison's "My Sweet Lord" is a song inspired by Krishna, and his faith in seeing his Lord after death. In the song "Awaiting you All", Harrison tells us that by chanting the names of the Lord we will be free.



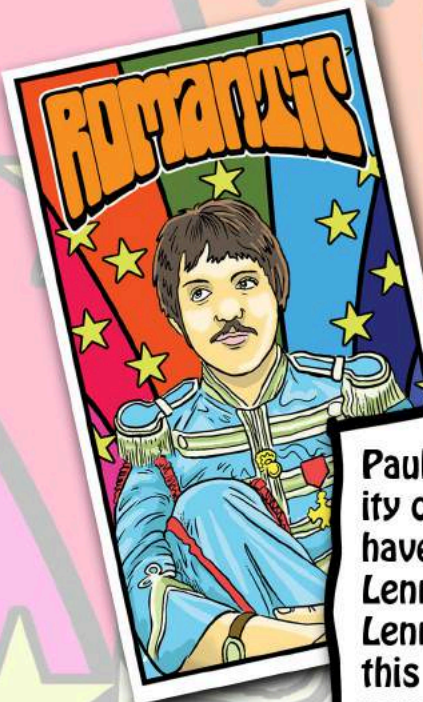
TRIVIA

HARRISON WAS PART OF THE TRAVELING WILBURYS, A SUPER GROUP CONSISTING OF BOB DYLAN, TOM PETTY, JEFF LYNNE AND ROY ORBISON.

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Romantic

Everyone needs a little romance in their life. This card may indicate that love is in the air if the question is about relationships. If for business question, it may also be a sign of a good partnership. It can also be an indicator that you need to focus more on romance if the question relates to problems with a relationship; perhaps a weekend away, a nice dinner, something that breaks up the daily grind.



Paul McCartney: McCartney, along with Lennon, makes up the majority of the song writing efforts from the Beatles. McCartney's lyrics have often been described as romantic in nature, especially during Lennon's more politically charged stints at song writing, where Lennon would be a little critical of McCartney's writing style. From this friction was born "Silly Love Songs", one of McCartney's most popular songs.

TRIVIA

ASIDE FROM PLAYING BASS AND SINGING, MCCARTNEY IS A PRETTY DECENT DRUMMER, WHO, IT IS SAID, WOULD SOMETIMES GET INTO ARGUMENTS WITH RINGO OVER CERTAIN DRUM PARTS.

Starr Power

A person who naturally attracts attention without even having to really try. One who has a very influential presence. This has more to do with how you manage your own energy rather than performing as a performer. These people light up a room without much effort.

Ringo Starr: Most famous for being the drummer of the Beatles, Starr's beats are the backbone of the Fab Four's impressive catalogue spanning the best part of a decade. Since the breakup of the Beatles, Starr has produced nineteen solo albums.



TRIVIA

RINGO'S FIRST SOLO ALBUM WAS A COMPILATION OF HIS MOTHER'S FAVOURITE SONGS. AWWW :) (9)

COMING SOON: MORE GREAT STARS OF THE 60'S
IN AN ADDITIONAL PACK OF CARDS TO BUILD YOUR
AFFIRMATION SET



CITATIONS

(1) HENDRIX MCDERMOTT, JOHN (2009). ULTIMATE HENDRIX: AN ILLUSTRATED ENCYCLOPEDIA OF LIVE CONCERTS AND SESSIONS. BACKBEAT BOOKS. ISBN 978-0-87930-938-1.

(2) PALMER, ROBERT (1982). DEEP BLUES. NEW YORK CITY: PENGUIN BOOKS. P.104. ISBN 0-14006223-8.

(3) [HTTPS://EN.WIKIPEDIA.ORG/WIKI/JOAN_BAEZ](https://en.wikipedia.org/wiki/Joan_Baez)

(4) CBC MUSIC, "THE JONI MITCHELL INTERVIEW" JUNE 10TH 2013

(5) [HTTP://JONIMITCHELL.COM/LIBRARY/VIEW.CFM?ID=519](http://jonimitchell.com/library/view.cfm?id=519)

(6) WEBB, ROBERT. "ROCK & POP: STORY OF THE SONG 'THE PASSENGER' IGGY POP (1977)". ARCHIVED FROM THE ORIGINAL ON SEPTEMBER 27, 2008. RETRIEVED AUGUST 24, 2008

(7) [HTTPS://WWW.THEGUARDIAN.COM/MUSIC/2016/MAR/05/IGGY-POP-AND-JOSH-HOMME-TALK-ABOUT-THEIR-POST-POP-DEPRESSION-ALBUM](https://www.theguardian.com/music/2016/mar/05/iggy-pop-and-josh-homme-talk-about-their-post-pop-depression-album)

(8) [HTTPS://EN.WIKIPEDIA.ORG/WIKI/JOHN_LENNON](https://en.wikipedia.org/wiki/John_Lennon)

(9) SCHAFFNER, NICHOLAS (1980). THE BOYS FROM LIVERPOOL: JOHN, PAUL, GEORGE, RINGO (1ST ED). NEW YORK: METHUEN. P.162. ISBN 978-0-416-30661-3.



HOPE YOU'LL
JOIN US AGAIN